



Stable Management RECALL QUIZ

Test what
you've
learnt!



How much
can you
remember?

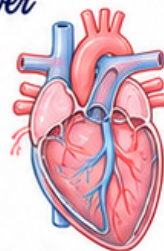
Think
about the horse
and about you
too!

1 Complete the sentences

- A clean, well managed stable helps to prevent _____ from spreading.
- Good ventilation provides _____ air and helps your horse's _____ system.
- Regular mucking out keeps _____ and _____ under control.
- A dry, clean stable floor helps to keep hooves _____ and healthy.

2 Circle the correct answer

- Which system does regular exercise and good stable management mainly support?
A Digestive system
B Circulatory system
C Nervous system
- Why is fresh air important in a stable?
A Keeps the horse warmer
B Reduces dust and harmful gases
C Stops the horse getting hungry



3 True or False?

Tick ✓ True or ✗ False.

	True	False
A A cluttered stable is safer than a tidy one.	☐	☐
B Regular bedding changes help keep the horse healthy.	☐	☐
C Mucking out is part of a good worming programme.	☐	☐
D A calm, predictable routine helps horses feel relaxed.	☐	☐
E Good stable management supports the horse's circulation.	☐	☐

4 Match the stable job to the reason

- | | |
|-------------------------------|---------------------------------------|
| 1 Mucking out | A Reduces germs and dust |
| 2 Sweep and tidy | B Keeps the stable safe |
| 3 Check water | C Provides fresh air |
| 4 Check bedding | D Gives a dry, comfortable bed |
| 5 Good ventilation | E Keeps them hydrated |
| 6 Keep equipment clean | F Helps prevent disease |

5 Spot what's wrong?

Look at the stable image.
Find 6 things that are not correct
and write them below.



- _____
- _____
- _____
- _____
- _____
- _____

6 How does good stable management help the horse?

Tick all that apply.

- ☐ Keeps their circulatory system healthy
- ☐ Supports their respiratory system
- ☐ Helps with good digestion
- ☐ Keeps their skin and coat in good condition
- ☐ Reduces stress and helps them feel safe
- ☐ Gives them a clean, dry place to rest

7 Benefits for you - Physically

Tick the benefits you get from doing stable work.

- ☐ Builds strength and stamina
- ☐ Helps keep a healthy weight
- ☐ Supports strong bones and joints
- ☐ Improves balance and coordination
- ☐ Fresh air is good for your lungs
- ☐ Helps your circulatory system

8 Benefits for you - Mentally

Tick the benefits you get from being outdoors
and working with horses.

- ☐ Reduces stress and helps me feel calmer
- ☐ Improves my mood
- ☐ Gives me a sense of responsibility
- ☐ Builds confidence
- ☐ Helps me develop good routines and habits
- ☐ Makes me feel part of a team
- ☐ Spending time with horses makes me happier

9 Short answer

- Explain how a tidy, well managed stable can support a healthy circulatory and respiratory system.

- Give two ways that working in a yard can benefit your own mental health.

1. _____

2. _____

